



# EATT

## MAGAZINE

### Free Food Feature

IPHONE, IPAD, ANDROID PHONE, ANDROID  
TABLET, MAC & PC



Perfect Party  
Mocktails

Stylish Table  
Settings

Holiday  
Bubbles

# This issue...



## HAPPY NEW YEAR!

Easy Entertaining

By YVETTE CROZIER



## IN FOOD

TableTop Style

By YVETTE CROZIER



## IN DRINKS

Mocktails For Everyone

By YVETTE CROZIER



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# Happy New Year!



**Photographer Cullen Pope - Garden flowers, garlic braids and a few candles. Simple and stylish!**

Christmas is my favorite time of year, but its easy to overindulge. As you party on into the New Year, its time to mix some mocktails. Drinks with fresh fruit, edible flowers and ice look stunning and are so easy to make. Perfect for kids, designated drivers, and anyone on a post-Christmas detox. Great for brunch too...When you do pop the champagne corks, why not try something a little different?

Don't forget to set the table! Think branches, fresh garden flowers and beautiful seasonal produce. Add a few candles and voila! Quick, simple and stylish...

**Wishing you all a happy 2014!**

[Tag your Christmas Cocktail Photos on Instagram with EATT Magazine](#)



# Watermelon Crush



Photographer Cullen Pope - Trim rind from watermelon and cut into chunks.

## INGREDIENTS:

- 2 cups diced watermelon, seeds removed
- 1 punnet organic strawberries, roughly chopped
- a few extra strawberries, for garnish
- 1/2 a cup crushed ice

Blend watermelon, berries and ice cubes Serve in tall glasses, garnish with a strawberry. Makes 2

[EATT magazine-The premiere Edition](#)

[Bitcoin - Cocktails - Night Photography - Eco design - Mapology -  
The Northern Territory](#)

# EATT Magazine for iPad & iPhone5

## How to Maximise Available Light



Photograph by Gordon Laing - Brighton Pier, England - Courtesy of DSLRTips.com

Another way to maximise available light is to increase your camera's sensitivity by using a bigger ISO number. Increasing the sensitivity will however reduce your picture quality and may still not give you a quick enough exposure to handhold. So stick to using a tripod and a low ISO number for the best quality.

There are just two tricks to successful night photography and one is keeping the camera steady. The simplest way to avoid camera shake is to use a tripod. Manfrotto models are widely regarded as the best around and allow you to separately buy the legs and the head unit. If you'd prefer to travel lighter, consider a Joby GorillaPod. It's flexible legs can be wrapped around almost anything (from a railing to a branch) to ensure a steady grip.

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## In this Issue of EATT:

- How to Buy Bitcoin
- How to take great photos at night
- Great Holiday Cocktails
- ECO Design - The Permaculture Way
- Medical Mapology - In the Studio with Pamela Bain
- Experience the Northern Territory

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In today's busy world, EATT is your go-to guide. Need photography tips? No-fuss entertaining ideas?

Feel like escaping to remote places or visiting an artist at work? Find all this and more in our first issue.

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# Flower Mocktail

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Photographer Cullen Pope - Add wow to your mocktails with edible flowers.

## **EDIBLE FLOWER ICE CUBES:**

Freeze your favorite edible flowers in ice cube trays - try rose petals, nasturtiums, pineapple sage, lavender, pansies and marigolds. Violas, calendula, snapdragons, dahlias and bachelor's buttons are good too. And chive blossoms, if there are any in your garden...

A box of edible flowers (try your local market) makes many ice cube trays - with these on hand, you can mix drinks in no time! Pick up some organic cordial (we love elderflower) and some sparkling mineral water, and you're ready to go!

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# Flower Mocktail

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Photographer Cullen Pope - Top up with sparkling mineral water.

## INGREDIENTS:

- Edible flower ice cubes
- Organic elderflower cordial
- Chilled sparkling mineral water

Add ice cubes to tall glasses. Splash in some cordial, then top up with mineral water. Serves a crowd!

[Check out our Twitter feed and follow us on our Journey](#)



# Sparkling Hibiscus



**Photographer Cullen Pope - add pizzazz to your glass with edible Hibiscus flowers!**

Bored of champagne cocktails? Wild hibiscus flowers add a real point of difference - especially by candlelight. Your guests will enjoy the hint of berry and rhubarb, and the dramatic blooming effect. Add a flower to each glass, plus a small drizzle of syrup. Top with your favorite sparkling wine, and serve.

Find Hibiscus flowers in syrup at your local deli or wine store, or at [www.wildhibiscus.com](http://www.wildhibiscus.com)

[Click here to email this to a friend or family member](#)



# Table Top Style



Photographer Cullen Pope - bring the outdoors in with this green table setting.

Dress up your dining table with succulents, green leaves and fresh produce. Keep it simple. Start with your favorite table runner, add a branch from your garden, and few sprigs from your herb pots or favorite plants. Then place your accent piece - a pumpkin, a braid of garlic, or whatever looks good at the market. Scatter a few candles and you are done!

Think about the character of your living space, and the mood you wish to evoke. I wanted a casual, relaxed feel for my guests, so I chose a mixture of greens, lush foliage and earth tones.

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# Table Top Style



Photographer Cullen Pope - Buddleia flowers, baby apples and tealight candles.

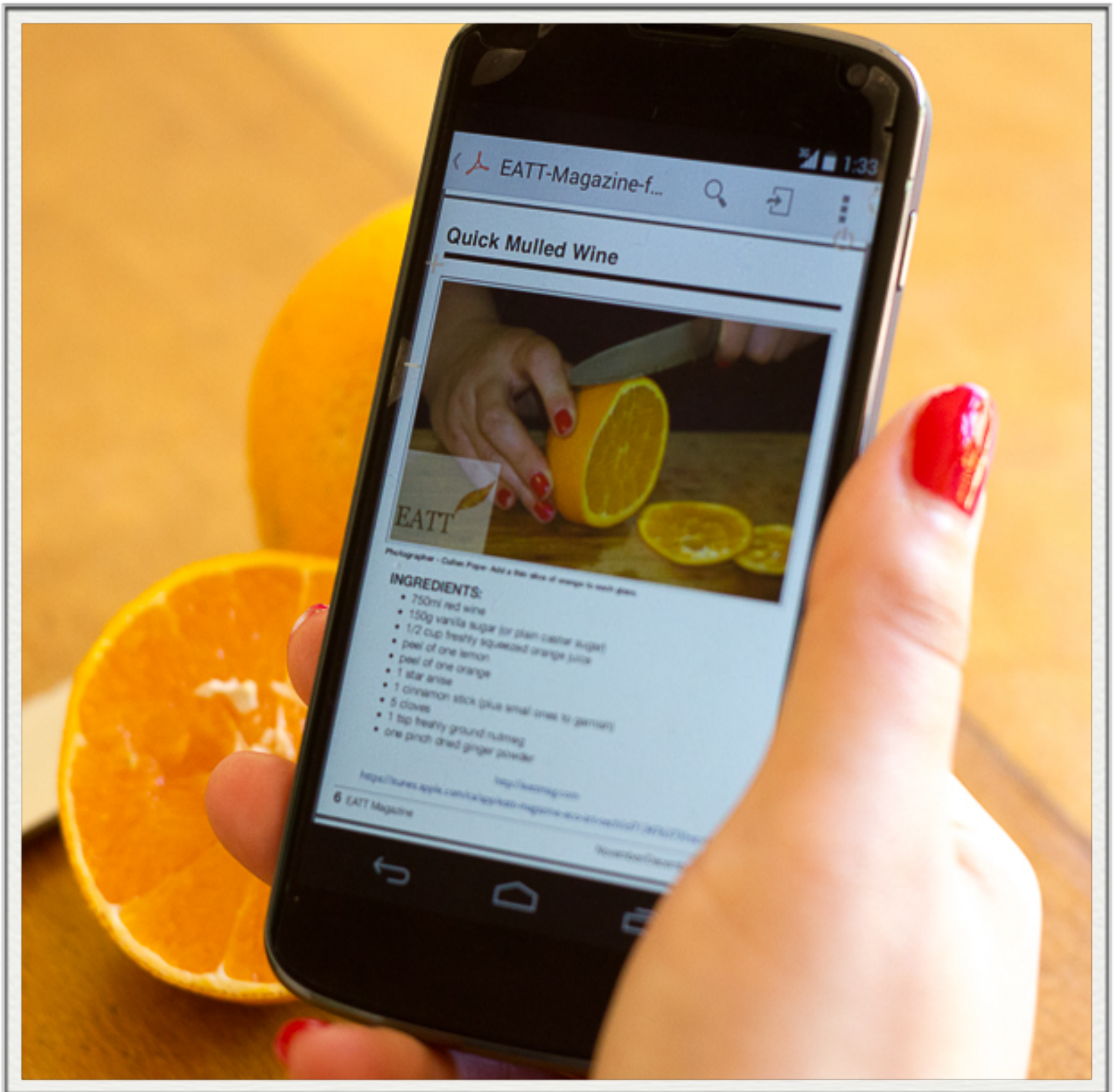
Keep your arrangements low, and add interest with fruit, vine cuttings or whatever is flourishing in your garden. These Buddleia flowers also go well with purple garlic braids, as you can see on page 3.

For this table setting, I wanted a fresh, lively style - lots of color and movement. The purple flower spikes add drama and curve beautifully - perfect to suggest warmth on a cool day, or add sizzle to a summer dinner for two.

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[Instagram is here for you and we would like to see your Christmas cocktails](#)





# Premier Edition Free Food Feature

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## HAPPY HOLIDAYS!

Easy Christmas Cheer

By YVETTE CROZIER



## IN FOOD

Dips For Summer and Winter Drinks

By YVETTE CROZIER



## IN SEASONAL DRINKS

Mulled Wine in Minutes

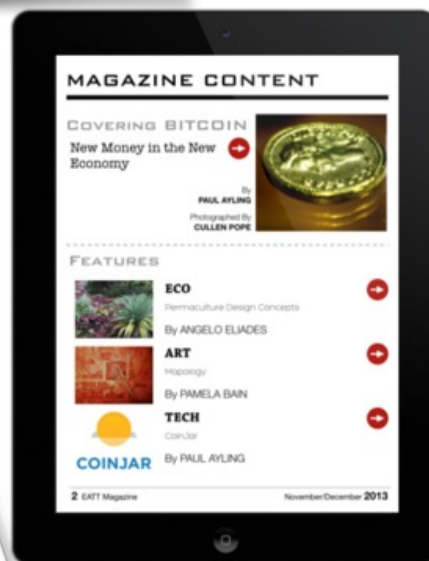
By YVETTE CROZIER



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# EATT Magazine for iPad & iPhone5



# In The Holiday Edition

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Darran Leal photographs South America

Behind EATT Magazine with Cullen Pope

Brixton Pound - Europe's biggest alternative currency

Pinterest - The Hot New Way to Share

Lynn Johnson - My Rhino Journey

Breaking Bad - Observing the mojo

Sydney Laneways - Art and About

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